

# What's HAPPENING



**WACKY WEDNESDAY**  
**26th July 2023**  
**Wear PJ's, Onsie or**  
**WACKIEST outfit!**

**New Activities**  
**WE WANT TO**  
**HEAR**  
**YOUR IDEAS!**

 **Friday 4th August 2023**  
*Wear Denim to Raise Funds*  
*for Jeans for Genes Day*  
*Gold Coin Donation*

 SCAN TO DONATE



**For all that cancer takes,**  
**give this Daffodil Day.**  
**Thursday 31st August 2023**  
More Details to come.....

**SERVICES  
WE  
OFFER ....**

**NDIS FUNDED  
SUPPORTS**

- Community Supports
  - Centre-based Supports
  - Community Supports
  - In Home Drop-in Supports
- Supported Independent Living
- Support Coordination

**CONTACT US**

 Our Sites  
26 Warabrook Blvd Warabrook  
02 4962 1000  
4 Karalta Lane Erina  
02 4349 3700

 @connectabilityaustralia  
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# WINTER



**ACTIVITIES**  
**JUNE - AUGUST**  
**2023**

**30**  
year anniversary

**connect  
ABILITY**  
AUSTRALIA  
EMPOWERING PEOPLE TO ACHIEVE





## LIFE SKILLS

**Mondays**

\$8 inc. Lunch

BYO Morning Tea & Drink

## ALL SPORTS

**Mondays**

\$10 Forum UNI

BYO Morning Tea, Lunch & Drink



## MUSIC

**Mondays**

FREE

Morning & Afternoon Sessions

## GYM

**Tuesdays**

\$5 Balance Mayfield

BYO Morning Tea, Lunch & Drink



## CRAFT

**Tuesdays** - Free BYO

**Wednesdays** - \$5

BYO Morning Tea, Lunch & Drink

## BOWLING

**Tuesdays & Wednesdays**

\$5 Raymond Terrace

**Thursdays & Friday**

\$10 Dulboys Warners Bay

BYO Morning Tea, Lunch & Drink



## TENNIS

**Wednesdays**

\$10 Belmont Tennis Centre

BYO Morning Tea, Lunch & Drink

## SWIMMING

**Tuesdays & Thursdays**

**Thursday** (Fortnightly Laser Tag)

\$5 Indoor Swim Centres

BYO Morning Tea, Lunch & Drink



## ART

**Thursdays & Fridays** - \$5

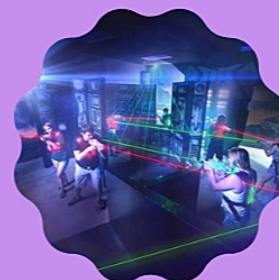
BYO Morning Tea, Lunch & Drink

## Laser Tag

**Thursdays** (Fortnightly Swimming))

\$6 per game Warners Bay

BYO Morning Tea, Lunch & Drink



## MORNING MELODY

**Morning Melodies**

**Thursdays** Cardiff RSL

**\$15 Lunch**

BYO Morning Tea & Drink



## FISHING

**Fridays**

\$5 bait & shared hot chips

BYO Morning Tea, Lunch & Drink



## PICNIC

**Fridays**

\$15 either Takeaways or

BBQ

BYO Morning Tea & Drink



## COMMUNITY ACCESS

**Everyday**

Companion Card

BYO Morning Tea & Drink either

Packed Lunch or \$ to buy



## PUBLIC TRANSPORT

**Everyday**

Opal Card

BYO Morning Tea & Drink



## BUSHWALKING

**Everyday**

Free 1:1 Activity

BYO Morning Tea & Drink



## Lawn Bowl

**Thursdays** \$5

Redhead Bowling Club

BYO Morning Tea & Drink

